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## ACTIVITY MONITOR AND SIX-MINUTE WALK TEST FOR DEPRESSION AND CHF PATIENTS

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### Abstract of the Disclosure

An implantable device that can automatically monitor and record patient activity as sensed by an activity monitor. In certain variations, the activity monitor can include an accelerometer providing three-axis acceleration signals and in other variations the activity sensor can include 10 a position sensor, such as a GPS receiver. The implantable device automatically determines if patient activity exceeds a determined threshold and monitors and records a total equivalent distance traveled for a determined period, which may be set equal to a standard measure such as a six minute period. The device can monitor and record multiple 15 periods of activity and the periods may be consecutive, overlapping, and/or separate in time. The device may store all activity records or selected records which may correspond to daily, weekly, or other periodic maxima.